



TRIANGLE
PAIN INSTITUTE

Triangle Pain Institute
2605 Blue Ridge Rd
Suite 330
Raleigh, NC 27607

Phone: 919-615-0018
Fax: 984-242-0954
Website: www.trianglepaininstitute.com

About Our Physician and Services Provided

- Our physician is Dr. Allyson Bryant. She is a North Carolina native born and raised in Fayetteville, NC. She attended NC State University before her medical training, Anesthesia Residency and Pain Fellowship at Wake Forest Baptist Health in Winston Salem. She has 7 years of pain experience post fellowship including medical director of Wake Forest's spine center and development of a patient centric primary spine pathway. Her family, including husband and 5 boys, recently relocated to Raleigh for her husband's job and she elected to pursue a patient first approach opening her own practice.
- We provide comprehensive pain care for all pain conditions from primary spine care and medication management to complex chronic pain conditions. Our model is patient centric and we are committed to tailoring pain treatment options to patient specific needs. We provide acute and chronic pain management with opioid and non-opioid medications as well as in office procedure such as epidurals and facet blocks. Please see complete list below.

Acute and Chronic Pain from the following:

- Neck pain
- Back pain
- Arthritis
- Headaches
- Fibromyalgia

• Procedures Provided:

- Epidural Steroid Injections
- Facet Blocks
- Radiofrequency Ablation
- Trigger Point Injections
- Peripheral Nerve Blocks
- Occipital Nerve Blocks
- Knee Geniculate Blocks
- Cortisone Injections
- Spinal Cord Stimulation

Insurances Accepted:

BCBS NC
Aetna
Humana
Medicare
Medicaid
United Health Care
Tricare
Worker's Comp
Champ VA
Medcost
Blue Medicare
Cigna